

TRUE BODY MEASUREMENT SCAN

KEEP TRACK OF THE REAL RESULTS

SPECIAL! 2 TBM SCANS FOR \$100*



Is your training or
diet program
REALLY WORKING
for you?



With the help of science,
our TBM Scan can accurately
measure your body fat
composition (lean mass) -
providing insights into which
areas of your body you
should be focusing on to
achieve the best results for
health and fitness.



**The 2 scans must be had within 12 months and they should be scanned on the same DEXA machine.
The special is per person and can't be split for 2 people.*



KEEP TRACK OF THE REAL RESULTS

Throw away your bathroom scales. TBM is the new true measure of body fat composition!

What is TBM?

TBM is a short scan performed on a DEXA scanner which accurately measures the ratio of fat to muscle in your body. It is a highly accurate measure of Body Mass Index (BMI).

What will my TBM scan tell me?

The report generated from your TBM scan will tell you the following;

- Where your BMI sits within the normal ranges defined by the World Health Organisation.
- Body Mass Index (BMI) and Total Body Fat percentage.
- Fat distribution throughout the body including legs, trunk, android (stomach) and gynoid (waist/hips).

What can TBM be used for?

TBM is useful in the continued monitoring of fat and lean tissue levels in:

- Athletes (both amateur and professional).
- Personal trainers to monitor and track fitness and weight loss levels in clientele.
- Health conscious individuals wanting to lose or maintain healthy weight levels.
- Body builders.

Where can I have my TBM Scan?

Hunter Imaging Group, Coast Medical Imaging and Castlereagh Imaging Tamworth all provide this service from several locations which are listed on our website www.hunterimaging.com.au/tbm.

How can I make an appointment?

Making an appointment is easy. Simply contact our friendly consultants on the following:

TBM Hotline: 4925 5492

TBM Email: tbm@sonichealthcare.com.au

For more information including cost, please visit our webpage at www.hunterimaging.com.au/tbm